Longevity & Bioidentical Hormones


Review of WHI & HERS trials


Review of Different BHRT


Hormones & Cancer


Morgentaler A, Rhoden EL. Prevalence of prostate cancer among hypogonadal men with prostate-specific antigen levels of 4.0 ng/mL or less. Urology. 2006 Dec;68(6):1263-7.


Savage L, Widener A. Sex Hormones Unrelated to Prostate Cancer Risk. JNCI. 2008;100(3):157.


Goldman EL. ERT shows no risk in breast cancer survivors. (unable to find full reference)


Barbieri RL. More data on hormone therapy risks arrive to reshape practice. OBG Management. 2008 Aug;20(8).


Testosterone & Breast Cancer prevention


Schneider ME. Metformin regimen found to quell acne in polycystic ovary syndrome. Skin & Allergy News. 2007 October 1.


Estrogen/Progesterone Optimization


Johnson K. ERT boosts cognitive function no matter the age. (unable to find full reference)


**Progestosterone Benefits**


Pinkerton JV. Bioidentical hormones: What you (and your patient) need to know. The J of Fam Practice. 2009 Jan;21(1).


Testosterone Benefits and Safety


Fairbanks VF. What to include in the workup of an elevated hemoglobin concentration and hematocrit? (Hematology Q&A). Consultant. 2003 Jun 1.


Gooren L. The role of testosterone in erectile function and dysfunction. J of Men's Health & Gender. 2006 Sept;3(3):292-298.


**Update on HGH**


Thyroid vs. Cardiovascular disease & Osteoporosis


**DHEA Update**


**Hormones & Weight Loss**


Heart Disease prevention


Goldman EL. Ert benefits skin thickness, elasticity.


Boschert S. Help Patients Assess Antiaging Product Claims. Family Practice News. 1999 July 1


---

Cardiology Management


Piepho RW. The pharmacokinetics and pharmacodynamics of agents proven to raise high-density lipoprotein cholesterol. Am J Cardiol. 2000 Dec 21;86(12A):35L-40L.


PCOS


Samraj G. How should I manage this young woman with menstrual abnormalities and hirsutism? Family Practice Recertification. 2001 Dec;23(14)608-610.


Hair loss


Osteoporosis & Estrogen Metabolites


Vogel JJ. Selecting Bioidentical Hormone Therapy.


Estrogen in Men


Zumpe D, Clancy AN, Michael RP. Progesterone decreases mating and estradiol uptake in preoptic areas of male monkeys. Physiol Behav. 2001 Nov-Dec;74(4-5):603-12.


Moon MA. Estradiol Prevents Bone Loss Due to Prostate Cancer Therapy. Family Practice News.


